Contains No sugar, salt, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take three (3) tablets daily with meals, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

Other Ingredients: Cellulose, vegetable stearin, food glaze, silica, magnesium stearate, and dicalcium phosphate. Contains milk and soy.

** From L-OptiZinc® ^From ChromeMate® L-OptiZinc® and ChromeMate® and their logos are trademarks of Lonza or its affiliates.

§ From Soylife™

WARNING: **Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose call a doctor or poison control center immediately.**

KEEP OUT OF REACH OF CHILDREN.

Active Man's Formula

MULTI-PURPOSE SUPPLEMENT TO SUPPORT A MAN'S ACTIVE LIFESTYLE

Dietary Supplement

180 Tablets

SUPPLEMENT FACTS

Serving Size: 3 Tablets

	Amount Per Serving	% DV
Vitamin A (as beta carotene)	6,000 mcg RAE (10,000 IU)	667%
Vitamin C (from ascorbic acid)	300 mg	333%
Vitamin D (from fish liver oil)	10 mcg (400 IU)	50%
Vitamin E (as d-alpha)	82.6 mg	551%
Vitamin B-1 (as thiamine HCl)	50 mg	4,167%
Vitamin B-2 (as riboflavin)	50 mg	3,846%
Niacin (as niacinamide)	50 mg	313%
Vitamin B-6 (as pyridoxine HCl)	50 mg	2,941%
Folate	667 mcg DFE (400 mcg folic acid)	167%
Vitamin B-12 (as cyanocobalamin)	50 mcg	2,083%
Biotin	50 mcg	167%
Pantothenic Acid (as calcium pantothenate)	50 mg	1,000%
Calcium (as carbonate, citrate)	50 mg	4%
Iron (as amino acid chelate)	5 mg	28%
Iodine (from kelp)	150 mcg	100%
Magnesium (as oxide, citrate)	200 mg	48%
Zinc (as monomethionine)**	15 mg	136%
Selenium (as amino acid chelate)	100 mcg	182%
Copper (as amino acid chelate)	0.1 mcg	11%
Manganese (as amino acid chelate)	10 mg	435%
Chromium (as polynicotinate)^	140 mcg	400%
Molybdenum (as amino acid chelate)	10 mcg	22%

	Amount Per Serving	% DV
Potassium (as chloride, amino acid complex)	99 mg	2%
Maca (*Lepidium meyenii*) root extract (Standardized to 0.6 % [0.6 mg]macamides and macaenes)	100 mg	*
Tribulus terestris aerial parts extract (40 % [40 mg] tribulosides)	100 mg	*
Muira puama bark powder	35 mg	*
Colostrum	100 mg	*
Panax ginseng root extract (Standardized to 5 % [10 mg] ginsenosides)	200 mg	*
Green tea (*Camellia sinesis*) leaf extract (50% [50 mg] Catechins)	100 mg	*
Saw Palmetto (*Serenoa repens*) Berry Extract (Standardized to 35%-45% [28-36 mg] Fatty Acids and Sterols)	80 mg	*
Pygeum africanum bark extract (3.7 % [0.55 mg] Beta-sitosterol)	15 mg	*
Lycopene (from tomatoes)	1 mg	*
Policosanol Complex	2 mg	*
Guggulipid (*Commiphora mukul*) gum extract (2.5% [0.625 mg] guggulsterones)	25 mg	*
Soy (*Glycine max*) bean extract§ (2.5-3.5 % [1.8-2.6 mg] isoflavones)	75 mg	*
Grape (*Vitis vinifera*) seed extract	5 mg	*
Passion flower (*Passiflora caerulea*) extract	30 mg	*
Hops strobiles (*Humulus lupulus*) extract	20 mg	*

*Daily Value not established

QUALITY & POTENCY GUARANTEED

1213

BAR CODE PLACEHOLDER DO NOT REMOVE