Contains No sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take one (1) tablet daily with meals, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

KEEP OUT OF REACH OF CHILDREN.

«Client Address Placeholder»

SUSTAINED RELEASE

B-Complex 100

High Potency Balanced B-Complex

VEGETARIAN

Dietary Supplement

250 Tablets

SUPPLEMENT FACTS

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin B-1 (as thiamine HCL)	100 mg	8,333%
Vitamin B-2 (as riboflavin)	100 mg	7,692%
Niacin (as niacinamide)	100 mg	625%
Vitamin B-6 (as pyridoxine HCL)	100 mg	5,882%
Folate	667 mcg DFE (400 mcg folic acid)	167%
Vitamin B-12 (as cyanocobalamin)	100 mcg	4,167%
Biotin	100 mcg	333%
Pantothenic Acid (as d-Ca pantothenate)	100 mg	2,000%
Choline (as bitartrate)	40 mg	7%
Para aminobenzoic acid	100 mg	*
Inositol	100 mg	*

*Daily Value not established

Other Ingredients: Modified cellulose, vegetable stearin, cellulose, food glaze with vanilla flavor, silica, magnesium vegetable stearate, alfalfa, brown rice bran, parsley and watercress.

Quality and Potency GUARANTEED

3783 T002

0 00000 00000 0

BAR CODE PLACEHOLDER DO NOT REMOVE