

**Contains No** sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

**Suggested Use:** As a dietary supplement, adults take one (1) tablet daily with meals, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

**KEEP OUT OF REACH OF CHILDREN.**

# L-OptiZinc®

## Zinc

### 20 mg

*Dietary Supplement*  
100 Tablets

#### **SUPPLEMENT FACTS**

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Zinc (as mono-methionine)*	20 mg	134%

**Other Ingredients:** Dicalcium phosphate, cellulose, vegetable stearin, cellulose gum, magnesium stearate and silica.

\*From L-OptiZinc®, 100% natural methionine, the amino acid that is best absorbed by the body and serves as an antioxidant. Studies show that L-OptiZinc® is absorbed better, retained longer and is more effective than ordinary zinc supplements tested, and resists binding with dietary fiber and phytate, organic compounds that inhibit zinc absorption.

L-OptiZinc® is the only high-potency zinc supplement FDA-approved safe for human nutrition.

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Quality  
— AND —  
Potency  
GUARANTEED