

**Contains No** sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

**Suggested Use:** As a dietary supplement, adults take one (1) capsule daily at mealtime, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

**KEEP OUT OF REACH OF CHILDREN.**

# Chromium

## 200 mcg

Yeast-Free GTF

From CHROMEMATE®

*Dietary Supplement*  
100 Capsules

### SUPPLEMENT FACTS

Serving Size 1 Capsule

	Amount	% Daily
	Per Serving	Value
Chromium (as polynicotinate)*	200 mcg	571%

**Other Ingredients:** Rice powder, capsule (gelatin, water), and magnesium stearate.

\*From ChromeMate® brand of niacin-bound chromium. Studies show that ChromeMate® provides greater biological activity and safety than other chromium supplements tested, including yeast-based products. It is eighteen times more active than other forms of niacin-bound chromium.

ChromeMate® is a GTF chromium.

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Quality  
— AND —  
Potency  
GUARANTEED