

Contains No sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take one (1) capsule daily at mealtime, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

**KEEP OUT OF REACH
OF CHILDREN.**

Chromium

200 mcg

Yeast-Free GTF

From **CHROMEMATE®**

Dietary Supplement
200 Capsules

SUPPLEMENT FACTS

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Chromium (as polynicotinate)*	200 mcg	571%

Other Ingredients: Rice powder, capsule (gelatin water), and magnesium stearate.

*From ChromeMate® brand of niacin-bound chromium. Studies show that ChromeMate® provides greater biological activity and safety than other chromium supplements tested, including yeast-based products. It is eighteen times more active than other forms of niacin-bound chromium.

ChromeMate® is a GTF chromium.

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