Contains No sugar, salt, dairy, yeast, corn, soy, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take two (2) capsules as needed and two (2) capsules at bedtime, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

† **This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

KEEP OUT OF REACH OF CHILDREN.

Relaxation Support†

HELPS SUPPORT HEALTHY RELAXATION†

Dietary Supplement

60 Capsules

SUPPLEMENT FACTS

Serving Size 2 Capsule

	Amount Per Serving	%DV
Vitamin B-6 (as pyridoxine HCl)	10 mg	588%
Magnesium (as citrate, oxide)	50 mg	12%
L-Theanine***	25 mg	*
Oat (*Avena sativa*) straw extract	50 mg	*
Proprietary blend****	250 mg	*
Magnolia officinalis (Phellodendron amurense) Phellodendron flower extract		*
Chamomile flower extract (*Matricaria recutita*) (Standardized to contain 12% (1.2 mg) Apigenin)	100 mg	*
Lemon Balm leaf extract (*Melissa officinalis*)	100 mg	*
Valerian root extract (*Valeriana officinalis*)	25 mg	*
Scullcap leaf extract (*Scutellaria lateriflora*)	35 mg	*
Hops flower extract (*Humulus lupulus*)	15 mg	*
Passionflower flowering tops (*Passiflora incarnata*)	25 mg	*

*Daily Value not established

Other Ingredients: Capsules (gelatin, water), cellulose, magnesium stearate, vegetable stearin and silica.

*** From SunTheanine®, a 100% pure, patented source of L-Theanine manufactured in Japan by Taiyo International. SunTheanine® is a registered trademark of Taiyo International.

**** From Relora®, a patented blend of extracts of Magnolia officinalis and Phellodendron amurense, standardized to 15% honokiol and 0.1% berberine. Relora®& logo are trademarks of Lonza or its affiliates.

Quality AND Potency GUARANTEED

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