

Contains No sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take one (1) serving thirty (30) to forty (40) minutes before physical activity and/or immediately afterwards. Add one serving size to eight (8) to twelve (12) ounces of water and stir or shake vigorously before consuming. Store in a cool, dry place and away from direct light.

This product is sold by weight not volume

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.

WATER SOLUBLE
BCAA
Branched Chain Amino Acids
with Glutamine and B Vitamins
Watermelon Flavor

**SUPPORTS LEAN MUSCLE MASS &
POST WORK-OUT RECOVERY†**

Dietary Supplement
Net Wt. 11.65 oz (330 grams)

SUPPLEMENT FACTS

Serving Size 1 scoop (Approximately 11 grams)
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	4	
Potassium	34 mg	1%
Vitamin B-1	1.5 mg	125%
Niacin	20 mg	125%
Pantothenic Acid	10 mg	200%
Branched Chain Amino Acids	5 grams	**
Leucine	2,500 mg	**
Isoleucine	1,250 mg	**
Valine	1,250 mg	**
Glutamine	3 grams	**

** Daily Value not established

Other Ingredients: Xylitol, glycine, stevia, inulin, natural watermelon flavor, natural beet root, potassium chloride, citric acid, silica and to han guo. L-Leucine, L-Isoleucine, and L-Valine, which are more commonly known as Branched Chain Amino Acids or BCAAs, cannot be produced by the body and must be consumed through the diet or supplements. They are essential to building and maintaining muscle tissue and have long been used by athletes and other active individuals to activate protein synthesis and reduce muscle breakdown caused by intense training or physical activity.† This water soluble formula of BCAAs, Glutamine and B Vitamins is instantized and mixes readily into water for maximum absorption.



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