

- **Low Fat, Low Sodium**
- **No Added Sugar**
- **Low Glycemic Load**
- **Low Saturated Fat**

Whey protein is among the most valuable kinds of protein available. It scores very well in all measures of protein value, such as PER (Protein Efficiency Ratio) 3.2, BV (Biological Value) 100 and PDCAAS (Protein Digestibility Corrected Amino Acid Score) 1.0. The PDCAAS is the most relevant measure of the quality of proteins for humans and is the official rating system used by the World Health Organization. The score of 1.0 is the highest possible rating. Whey protein contains all of the essential amino acids in biologically significant amounts and is simply one of the most complete sources of proteins and amino acids in the marketplace. It does not contain any synthetic hormones such as rBGH. The whey protein concentrate used in this formula is produced through a reverse osmosis, micro filtration, and ultra filtration process that yields the highest level of protein and amino acids while preserving all the naturally occurring, immune enhancing and muscle nourishing bioactives.

TYPICAL AMINO ACID PROFILE

Amino Acid Per Serving

Alanine.....	985 mg
Arginine.....	510 mg
Aspartic Acid.....	2,060 mg
Cysteine/Cystine	530 mg
Glutamic Acid.....	3,395 mg
Glycine.....	385 mg
Histidine.....	365 mg
Isoleucine.....	1,275 mg
Leucine.....	2,080 mg
Lysine.....	1,715 mg
Methionine	475 mg
Phenylalanine	640 mg
Proline.....	1,185 mg
Serine.....	985 mg
Threonine.....	1,350 mg
Tyrosine	640 mg
Tryptophan.....	385 mg
Valine.....	1,165 mg

Whey Protein

**UNSWEETENED
UNFLAVORED**

**Grass Fed • Non-GMO
rBGH Free • Ultra Filtered**

Mixes Easily

Dietary Supplement

12 oz. (340 g)



SUPPLEMENT FACTS

Serving Size 1 Scoop (Approximately 24 g)

Servings Per Container 14

	Amount Per Serving	% Daily Value
Calories	100	
Total Fat	2 g	3%*
Saturated Fat	1 g	5%*
Cholesterol	50 mg	17%
Sodium	30 mg	1%
Total Carbohydrate	1 g	<1%*
Total Sugars	1 g	**
Protein	19 g	38%*
Vitamin A	30 mcg	3%
Calcium	100 mg	8%
Iron	0.36 mg	2%
Phosphorus	25 mg	2%
Magnesium	16 mg	4%
Potassium	170 mg	4%

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Ingredients: Whey protein concentrate (yielding approximately 36% B-lactoglobulin, 10% A-lactalbumin, 3% immunoglobulin G, 15% glycomacropeptides, 3% proteose peptone 5, 25% branched chain amino acids and 19% glutamic acid and soy lecithin).

Contains No artificial sweeteners or added sugars, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

Non-GMO and rBGH free. Contains milk & dairy products and soy lecithin for easy mixing. Soy Lecithin is present at less than 1% of the formula. Whey is a milk derivative (protein). This product only contains naturally occurring sugars that are found in whey protein.

Suggested Use: Adults add one (1) level scoop into 8 oz. of water, milk or juice and stir vigorously. Store in a cool, dry place and away from direct light.

KEEP OUT OF REACH OF CHILDREN.



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