

**Other Ingredients:** Organic agave inulin powder, organic pea starch, organic tapioca dextrose, silica, organic coating (organic tapioca maltodextrin, organic sunflower lecithin, organic palm oil, organic guar gum), organic guar gum powder.

**Contains No** dairy, wheat, gluten, eggs, peanuts, soy, tree nuts, fish, shellfish, preservatives, artificial colors or flavors.

**Suggested Use:** As a dietary supplement, adults take 2 (two) vegetarian tablets daily, or as directed by a health care professional.

Store in a cool, dry place and away from direct light.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**KEEP OUT OF REACH OF CHILDREN.**



CERTIFIED ORGANIC BY QAI

CERTIFIED ORGANIC WHOLE FOOD

# B-Complex

**SUPPORTS ENERGY, STRESS  
& HEALTHY METABOLISM†**

**GLUTEN FREE • NON GMO • VEGAN**

Dietary  
Supplement



**60**  
Vegetarian  
Tablets

## SUPPLEMENT FACTS

Serving Size 2 Vegetarian Tablets  
Servings Per Container 30

	Amount Per Serving	% Daily Value
Thiamin (as thiamine hydrochloride and from Organic Food Complex Blend)	4 mg	333%
Riboflavin (as riboflavin and from Organic Food Complex Blend)	7.7 mg	592%
Niacin (from Organic Food Complex Blend)	16 mg	100%
Vitamin B6 (as pyridoxine hydrochloride and from Organic Food Complex Blend)	8.5 mg	500%
Folate (from Organic Food Complex Blend)	400 mcg DFE (235 mcg folic acid)	100%
Vitamin B12 (as methylcobalamin and from Organic Food Complex Blend)	53.3 mcg	2221%
Biotin (as biotin and from Organic Food Complex Blend)	300 mcg	1000%
Pantothenic Acid (as d-calcium pantothenate and from Organic Food Complex Blend)	10 mg	200%
<b>Organic Food Complex Blend</b> Organic Quinoa Sprouts, Organic Rice Protein, Organic Yeast, Organic Black Strap Molasses, <i>Lactobacillus acidophilus</i> , <i>Bifidobacterium bifidum</i> , <i>Lactobacillus rhamnosus</i> , Bromelain, Papain, Organic Strawberry, Organic Blueberry, Organic Raspberry, Organic Tart Cherry, Organic Pomegranate, Organic Cranberry	850 mg	*

\*Daily Value not established

Quality  
— AND —  
Potency  
GUARANTEED

8141 T000



BAR CODE PLACEHOLDER  
DO NOT REMOVE