

Other Ingredients: Organic agave inulin powder, organic pea starch, organic tapioca dextrose, organic coating (organic tapioca maltodextrin, organic sunflower lecithin, organic palm oil, organic guar gum), silica.

Contains No dairy, wheat, gluten, eggs, peanuts, tree nuts, fish, shellfish, preservatives, artificial colors, artificial flavors

Suggested Use: As a dietary supplement, adults take two (2) tablets daily, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose call a doctor or poison control center immediately.

KEEP OUT OF REACH OF CHILDREN.

CERTIFIED ORGANIC WHOLE FOOD

Women's Multi

**SUPPORTS OPTIMAL HEALTH,
ENERGY & WELL BEING†**

GLUTEN FREE • NON GMO • VEGAN

Dietary
Supplement



60
Tablets

CERTIFIED ORGANIC BY QAI



SUPPLEMENT FACTS

Serving Size 2 Tablets
Servings Per Container 30

| | Amount Per Serving | % Daily Value | | Amount Per Serving | % Daily Value |
|---|-----------------------|------------------|---|-----------------------|------------------|
| Vitamin A (from Organic Whole Food Complex Blend) | 900 mcg (3,000 IU) | 100% | Pantothenic Acid (from Organic Whole Food Complex Blend) | 5 mg | 100% |
| Vitamin C (from Organic Whole Food Complex Blend & organic acerola extract) | 90 mg | 100% | Iron (from Organic Whole Food Complex Blend & iron chelate) | 2.5 mg | 14% |
| Vitamin D3 (from Organic Whole Food Complex Blend & organic algae) | 25 mcg (1,000 IU) | 125% | Zinc (from Organic Whole Food Complex Blend) | 3.9 mg | 35% |
| Vitamin E (from Organic Whole Food Complex Blend & as d-alpha tocopheryl succinate) | 16 mg | 107% | Selenium (from Organic Whole Food Complex Blend) | 55 mcg | 100% |
| Vitamin K (from Organic Whole Food Complex Blend) | 75 mcg | 63% | Manganese (from manganese chelate & Organic Whole Food Complex Blend) | 0.8 mg | 35% |
| Thiamine (from Organic Whole Food Complex Blend) | 1.38 mg | 115% | Chromium (from Organic Whole Food Complex Blend) | 35 mcg | 100% |
| Riboflavin (from Organic Whole Food Complex Blend) | 1.5 mg | 115% | Organic Whole Food Complex Blend | 970 mg | * |
| Niacin (as niacinamide & from Organic Whole Food Complex Blend) | 18.4 mg | 115% | Organic Amla Extract, Organic Moringa Extract, Organic Holy Basil, Organic Tea Extract, Organic Sunflower Seed Kernel Extract, Organic Carrot Extract, Organic Spinach Extract, Organic Shiitake Extract, Organic Curry Leaf Extract, Organic Coconut Extract, Organic Parsley Extract, Organic Achiole Extract, Organic Lichen, Organic Garlic Extract | | |
| Vitamin B6 (as pyridoxine hydrochloride & from Organic Whole Food Complex Blend) | 8.5 mg | 500% | Organic Women's Herbal Blend | 265 mg | * |
| Folate (from Organic Whole Food Complex Blend) | 400 mcg DFE | 100% | Organic Red Clover Seed, Organic Raspberry Seed Extract | | |
| Vitamin B12 (as methylcobalamin & from Organic Whole Food Complex Blend) | 5 mcg | 208% | | | |
| Biotin (as biotin & from Organic Whole Food Complex Blend) | 120 mcg | 400% | | | |

*Daily Value not established



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