

Contains No salt, dairy, wheat, gluten, soy, preservatives, artificial colors or flavors.

**Suggested Use:** Adults take one (1) vegetarian capsule daily at mealtime, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NATURAL COLOR VARIATIONS MAY OCCUR IN THIS PRODUCT.  
KEEP OUT OF REACH OF CHILDREN.

# Vitamin K2

(All Natural Source)

SUPPORTS BONE BUILDING  
AND HEALTHY ARTERIES†

Dietary  
Supplement



60  
Vegetarian  
Capsules

## SUPPLEMENT FACTS

Serving Size 1 Vegetarian Capsule

	Amount Per Serving	% Daily Value
MenaquinGold™ Vitamin K2 (as menaquinone-7)	45 mcg	38%

**Other Ingredients:** Vegetarian capsule (cellulose, water), cellulose, magnesium stearate and silica.

Vitamin K2 (menaquinone) is an all-natural form of Vitamin K that is much more biologically active than the more common form, Vitamin K1 (phylloquinone).

Vitamin K2 increases the body's formation of osteocalcin, which helps calcium bind to the bone matrix. The binding of calcium is critical to the growth and strength of bones.†

Vitamin K2 also increases the formation of a protein (Matrix GLA-Protein) which regulates the amount of calcium present in arterial walls. This helps maintain the elasticity and overall health of arteries.†

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