

Suggested Use: As a dietary supplement, adults take one (1) tablet daily with meals, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

KEEP OUT OF REACH OF CHILDREN.

Vitamin B-12

500 mcg

Dietary
Supplement



100
Tablets

SUPPLEMENT FACTS

Serving Size 1 Tablet

	Amount	% Daily
	Per Serving	Value
Vitamin B-12 (as cyanocobalamin)	500 mcg	20,833%

Other Ingredients: Cellulose, vegetable stearin, cellulose gum, dicalcium phosphate, modified cellulose, magnesium stearate and silica.

Contains No sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.



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