Contains No salt, dairy, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take one (1) lozenge daily, or as directed by a health care professional. Allow lozenge to dissolve in the mouth. Store in a cool, dry place and away from direct light.

KEEP OUT OF REACH OF CHILDREN.

Methyl B-12 Lozenges

Cherry Flavored

3,000 mcg

Dietary Supplement

100 Lozenges

SUPPLEMENT FACTS

Serving Size 1 Lozenge

	Amount Per Serving	% Daily Value
Vitamin B-6 (as pyridoxine HCl)	10 mg	588%
Folate	680 mcg DFE (400 mcg folic acid)	170%
Vitamin B-12 (as methylcobalamin)	3,000 mcg	125,000%
Biotin	300 mcg	1,000%

Other Ingredients: Fructose, sorbitol, cellulose gum, natural cherry flavor, vegetable stearin, carmine, luo han guo fruit extract, silica, mannitol and dextrose.

Methylcobalamin is the coenzyme form of Vitamin B-12 and is the form that exists in the body. Most other forms require some amount of conversion once they are consumed; methylcobalamin needs no conversion. It is the most active and effective form.

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