

The body converts dietary B vitamins and B vitamins in supplements into active forms via the liver. The metabolically active coenzyme forms of B vitamins delivered in our "Coenzyme B" formula do not need to be metabolized by the liver and are ready for immediate use by the body.

**Contains No** sugar, salt, dairy, yeast, wheat, corn, soy, preservatives, artificial colors or flavors.

**Suggested Use:** As a dietary supplement, adults take one (1) vegetarian capsule daily, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

**KEEP OUT OF REACH OF CHILDREN.**

# CoEnzyme-B B-50 Complex

*Dietary Supplement*  
100 Vegetarian Capsules

## SUPPLEMENT FACTS

Serving Size 1 Vegetarian Capsule

	Amount Per Serving	% Daily Value
Vitamin B-1 (as thiamine HCl)	50 mg	4,167%
Vitamin B-2 (as riboflavin)	50 mg	3,846%
Niacin (as niacinamide)	50 mg	313%
Vitamin B-6 (as pyridoxine HCl)	50 mg	2,941%
Folate	1,360 mcg DFE (800 mcg folic acid)	340%
Vitamin B-12 (as cyanocobalamin)	50 mcg	2,083%
Biotin	200 mcg	667%
Pantothenic Acid (as d-calcium pantothenate)	50 mg	1,000%
Choline (as choline bitartrate)	25 mg	5%
Inositol	25 mg	*
Para aminobenzoic acid (PABA)	25 mg	*
Coccarboxylase (coenzyme vitamin B-1)	5 mg	*
Pantethine (coenzyme vitamin B-5)	5 mg	*
Pyridoxal-5-phosphate (coenzyme vitamin B-6)	5 mg	*
Riboflavin-5-phosphate (coenzyme vitamin B-2)	5 mg	*
Dibenzozide (coenzyme vitamin B-12)	25 mcg	*
Methylcobalamin (coenzyme vitamin B-12)	25 mcg	*

\*Daily Value not established

**Other Ingredients:** Vegetarian capsules (cellulose, water), cellulose, magnesium stearate and silica.

