Our fish oil is **molecularly distilled** to remove PCB's, dioxins and heavy metals such as lead and mercury. This process also reduces oxidation of the oil and helps keep it fresh and stable.

Contains No sugar, salt, dairy, yeast, wheat, gluten, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take one (1) softgel capsule, three (3) times daily with meals, or as directed by a health care professional.

REFRIGERATE AFTER OPENING.

KEEP OUT OF REACH OF CHILDREN.

Omega 3, 6, 9 Complete EFA

Molecularly Distilled

HEXANE FREE

Dietary Supplement

240 Softgels

SUPPLEMENT FACTS

Serving Size 1 Softgel Capsule

	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	1 g	1%*
Vitamin E (as d-alpha tocopherol)	7 mg	47%
Borage seed oil (*Borago officinalis*)	400 mg	**
Flax seed oil*** (*Linum usitatissimum*)	400 mg	**
Deep sea fish oil	400 mg	**
Alpha Linolenic Acid (ALA)	226 mg	**
Cis-Linoleic Acid (LA)	210 mg	**
Oleic Acid	152 mg	**
Eicosapentaenoic Acid (EPA)	120 mg	**
Docosahexaenoic Acid (DHA)	82 mg	**
Gamma-Linolenic Acid (GLA)	82 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established

Other Ingredients: Softgel (gelatin, glycerin and water).

*** Flax oil is a source of alpha linolenic acid (omega-3), cis-linoleic acid (omega-6) and oleic acid (omega-9). Borage oil is a source of gamma-linolenic acid (omega-6) and cis-linoleic acid (omega-6). Fish oil provides docosahexaenoic acid (omega-3) and eicosapentaenoic acid (omega-3). Our borage and flax seed oils are 100% cold expeller pressed and hexane free.

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BAR CODE PLACEHOLDER
DO NOT REMOVE