

Contains No sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take three (3) vegetarian capsules daily with a meal, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

KEEP OUT OF REACH OF CHILDREN.

Cal-Mag Caps

With D-3, K-2 and Boron

Dietary Supplement
90 Vegetarian Capsules

SUPPLEMENT FACTS

Serving Size 3 Vegetarian Capsules
Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin D-3 (as cholecalciferol)	5 mcg (200 IU)	25%
Calcium (as citrate and carbonate)	500 mg	38%
Magnesium (as citrate and oxide)	200 mg	48%
Boron (as amino acid complex)	500 mcg	*
Vitamin K-2 (as menaquinone-7)	2.5 mcg	*
*Daily Value not established		

Other Ingredients: Cellulose, water (vegetarian capsule), cellulose, magnesium stearate and silica.

The citrate forms of calcium and magnesium used in the supplement are water soluble and highly bioavailable. Vitamins D-3 and K-2 have been added because they are integral to calcium absorption and bone formation. Boron is a trace mineral that supports calcium and magnesium retention.

