

**Contains No** sugar, salt, dairy, yeast, wheat, soy, preservatives, artificial colors or flavors.

**Suggested Use:** As a dietary supplement, adults take 1/4 teaspoon in eight (8) ounces of water or juice daily, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

**KEEP OUT OF REACH OF CHILDREN.**

# Inositol Powder

B-Complex Factor  
in Crystalline Form

*Dietary Supplement*

Net Wt. 4 oz. (113 grams)

## SUPPLEMENT FACTS

Serving Size 1/4 teaspoon (850 mg)  
Serving Per Container About 133

	Amount Per Serving	% Daily Value
Inositol	750 mg	*

\*Daily Value not established

Our Inositol is a slightly sweet, odorless crystalline powder. It is readily soluble in water or juice.



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