

Contains No sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take four (4) tablets daily with meals, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

**KEEP OUT OF REACH
OF CHILDREN.**

Calcium & Magnesium Citrates

Dietary Supplement
100 Tablets

SUPPLEMENT FACTS

Serving Size 4 Tablets
Servings Per Container 25

	Amount Per Serving	% Daily Value
Vitamin D (as cholecalciferol)	3 mcg (125 IU)	15%
Vitamin K (as phylloquinone)	50 mcg	42%
Calcium (as citrate, hydroxyapatite)	750 mg	58%
Magnesium (as citrate, oxide)	500 mg	119%
Betaine hydrochloride	50 mg	*
Boron (as citrate, aspartate, glycinate)	3 mg	*

*Daily Value not established

Other Ingredients: Dicalcium phosphate, cellulose, modified cellulose gum, vegetable stearin, magnesium stearate, silica and food glaze.



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