Contains No sugar, dairy, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, add one (1) scoop to ten (10) ounces of water and mix. Take 1 scoop 30-35 minutes prior to exercise. Store in a cool, dry place and away from direct light.

This product contains approximately 100 mg of caffeine per serving which is equivalent to 1 and 1½ cups of coffee.

This product is sold by weight not volume.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.

Pre-Workout Formula

Citrus Splash

ENERGY & ENDURANCE BOOSTER†

Dietary Supplement

Net Wt. 10.6 oz (300 grams)

SUPPLEMENT FACTS

Serving Size 1 scoop (Approximately 20 grams)
Servings Per Container 15

	Amount Per Serving	% Daily Value
Calories	60	
Total Carbohydrates	15 g	5%*
Vitamin B-12	65 mcg	2,708%
Pantothenic Acid	5 mg	100%
Sodium (as sodium chloride)	50 mg	2%
Potassium (as potassium chloride)	50 mg	1%
Pre-Workout Proprietary Blend (Creatine Monohydrate, CarnoSyn®, Beta-Alanine, Arginine Alpha Ketogluterate, Guarana Seed Extract, Kreb Cycle Intermediates, Alpha Lipoic Acid and Citrulline Malate)	4,354 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established

Other Ingredients: Maltodextrin, stevia and natural orange flavor.

This product has been scientifically formulated to enhance physical activity and athletic performance by increasing energy, stamina and endurance. It sharpens mental clarity and focus, promotes lean muscle growth and supports lactic acid clearance to reduce fatigue or post-work out soreness and discomfort. †

Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®.

CarnoSyn® Carnosine Synthesizer

7741 T004

BAR CODE PLACEHOLDER DO NOT REMOVE