

Contains No sugar, salt, dairy, yeast, corn, soy, preservatives, artificial colors or flavors.

**Suggested Use:** As a dietary supplement, adults take two (2) capsules as needed and two (2) capsules at bedtime, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.

# Relaxation Support<sup>†</sup>

HELPS SUPPORT HEALTHY RELAXATION<sup>†</sup>

Dietary Supplement  
60 Capsules

## SUPPLEMENT FACTS

Serving Size 2 Capsule  
Servings Per Container 30

	Amount Per Serving	%DV
Vitamin B-6 (as pyridoxine HCl)	10 mg	588%
Magnesium (as citrate, oxide)	50 mg	12%
Proprietary blend****	250 mg	*
<i>Magnolia officinalis</i>		*
<i>Phellodendron amurense</i>		*
Chamomile flower extract ( <i>Matricaria recutita</i> )	100 mg	*
(Standardized to contain 1.2% [1.2 mg] Apigenin)		
Lemon Balm leaf extract ( <i>Melissa officinalis</i> )	100 mg	*
Oat ( <i>Avena sativa</i> ) straw extract	50 mg	*
Sculcap leaf extract ( <i>Scutellaria lateriflora</i> )	35 mg	*
L-Theanine***	25 mg	*
Passionflower flowering tops ( <i>Passiflora incarnata</i> )	25 mg	*
Valerian root extract ( <i>Valeriana officinalis</i> )	25 mg	*
Hops strobiles extract ( <i>Humulus lupulus</i> )	15 mg	*

\*Daily Value not established

**Other Ingredients:** Capsules (gelatin, water), cellulose, magnesium stearate, vegetable stearin and silica.

\*\*\* From SunTheanine®, a 100% pure, patented source of L-Theanine manufactured in Japan by Taiyo International. SunTheanine® is a registered trademark of Taiyo International.

\*\*\*\* From Relora®, a proprietary blend of extracts of Magnolia officinalis and Phellodendron amurense, standardized to 15% honokiol and 0.1% berberine. Relora® & logo are trademarks of Lonza or its affiliates.



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BAR CODE PLACEHOLDER  
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