

Our fish oil is **molecularly distilled** to remove PCB's, dioxins and heavy metals such as lead and mercury. This process also reduces oxidation of the oil and helps keep it fresh and stable.

Contains No Sugar, Salt, Dairy, Yeast, Wheat, Gluten, Eggs, Peanuts, Soy, Tree Nuts, Fish, Shellfish, Sesame, Preservatives, Artificial Colors or Flavors.

Suggested Use: As a dietary supplement, adults take one (1) softgel, three (3) times daily with meals, or as directed by a healthcare professional.

REFRIGERATE AFTER OPENING.

KEEP OUT OF REACH OF CHILDREN.

Omega 3, 6, 9 Complete EFA

Molecularly Distilled

GLUTEN FREE • NON GMO

HEXANE FREE

Dietary Supplement
60 Softgels

SUPPLEMENT FACTS

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	1 g	1%*
Omega 3-6-9 Blend	1,200 mg	**
Organic Flaxseed Oil (<i>Linum usitatissimum L.</i>), Fish Oil, Borage Oil (<i>Borago officinalis L.</i>)		
Omega-3 [Eicosapentaenoic Acid (EPA), Docosahexaenoic Acid (DHA), Alpha Linolenic Acid (ALA), other fatty acids]	451 mg	**
Omega-6 [Linoleic Acid, Gamma Linolenic Acid (GLA)]	98 mg	**
Omega-9 (Oleic Acid)	88 mg	**

* Percent Daily Values are based on a 2,000 calorie diet
** Daily Value not established

Other Ingredients: Softgel (gelatin, vegetable, glycerine, purified water) mixed tocopherols.

*** Flax oil is a source of alpha linolenic acid (omega-3), cis-linoleic acid (omega-6) and oleic acid (omega-9). Borage oil is a source of gamma-linolenic acid (omega-6) and cis-linoleic acid (omega-6). Fish oil provides docosahexaenoic acid (omega-3) and eicosapentaenoic acid (omega-3). Our borage and flax seed oils are 100% cold expeller pressed and hexane free.

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