

**Contains No** dairy, yeast, wheat, gluten, soy, tree nuts, fish, shellfish, preservatives, artificial colors or flavors.

**Suggested Use:** As a dietary supplement, adults take three (3) tablets daily, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

Aquamin® is a registered trademark of MARIGOT LIMITED

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease

**KEEP OUT OF REACH OF CHILDREN.**

CERTIFIED ORGANIC BY QAI



CERTIFIED ORGANIC WHOLE FOOD

# Plant Calcium

D3 • VITAMIN K2 as MK-7 • MAGNESIUM  
MINERALS WILD CRAFTED from ICELAND

**SUPPORTS BONE DENSITY & STRENGTH†**

**GLUTEN FREE • NON GMO • VEGAN**

*Dietary  
Supplement*



**90**  
Tablets

## SUPPLEMENT FACTS

Serving Size 3 Tablets  
Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin D3 (as cholecalciferol from organic algae)	25 mcg (1000 IU)	125%
Calcium (from Organic Icelandic Red Algae) (Aquamin®)	1000 mg	77%
Iron (from Organic Icelandic Red Algae) (Aquamin®)	2 mg	11%
Magnesium (from Organic Icelandic Red Algae) (Aquamin®)	70 mg	17%
Strontium (from Organic Icelandic Red Algae) (Aquamin®)	5 mg	*
Vitamin K2 (as menaquinone-7)	100 mcg	*
Boron (from Organic Icelandic Red Algae) (Aquamin®)	60 mcg	*
Vanadium (from Organic Icelandic Red Algae) (Aquamin®)	10 mcg	*

\*Daily Value not established

**Other Ingredients:** Organic agave inulin powder, organic tapioca dextrose, organic medium chain triglycerides, organic coating (organic tapioca maltodextrin, organic sunflower lecithin, organic palm oil, organic guar gum), silica, organic guar gum powder.

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