

**Suggested Use:** As a dietary supplement, adults take two (2) chewable tablets daily, or as directed by a health care professional. Can be taken with food, or on an empty stomach.

Store In a cool, dry place and away from direct light.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**KEEP OUT OF REACH OF CHILDREN**

AlphaWave® is a registered trademark of Ethical Naturals.

Aquamin® is a registered trademark of MARIGOT LIMITED.

Sensoril® is a registered trademark of Natreon Inc.

# Adult Calm<sup>†</sup> Chewable

**STRESS, RELAXATION & FOCUS SUPPORT†**



ALPHA WAVE<sup>®</sup>  
THE CALMING WAVE

SENSORIL<sup>®</sup>

**GLUTEN FREE • NON GMO • VEGAN**



Natural  
Grape Flavor

Dietary Supplement  
120 Chewable Tablets

## SUPPLEMENT FACTS

Serving Size 2 Chewable Tablets  
Servings Per Container 60

	Amount Per Serving	% Daily Value
Magnesium (from Pristine Irish Seawater)(Aquamin®)	120 mg	29%
L-Theanine (AlphaWave®)	100 mg	**
Ashwagandha ( <i>Withania somnifera</i> ) Extract (Standardized to contain 10% [6 mg] total withanolides) (Sensoril®)	60 mg	**

\*\*Daily Value not established

**Other Ingredients:** Organic agave inulin, organic xylitol, natural flavors, organic beet root, vegetable stearin, citric acid, stevia leaf extract (Reb M), silica.

**Contains No** Sugar, Salt, Dairy, Yeast, Wheat, Gluten, Eggs, Peanuts, Soy, Tree Nuts, Fish, Shellfish, Sesame, Preservatives, Artificial Colors or Flavors

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