

Contains No sugar, dairy, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take one (1) softgel capsule, one (1) to three (3) times daily with meals, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

QUALITY AND POTENCY GUARANTEED
KEEP OUT OF REACH OF CHILDREN.

Cod Liver Oil

Dietary Supplement
100 Softgels

SUPPLEMENT FACTS

Serving Size 1 Softgel Capsule

	Amount Per Serving	%Daily Value
Cholesterol	<5mg	<2%
Vitamin A (from cod liver oil)	375 mcg (1,250 IU)	42%
Vitamin D (from cod liver oil)	3.4 mcg (135 IU)	17%
Cod liver oil (providing 90 mg of Omega-3 Fatty Acids)	415 mg	*
Eicosapentaenoic Acid (EPA)	37 mg	*
Docosahexaenoic Acid (DHA)	36 mg	*
Other Omega-3 Fatty Acids	17 mg	*

* Daily Value not established

Other Ingredients: Softgel (gelatin, glycerin and water).

Contains fish (cod).



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