

**Contains No** sugar, dairy, yeast, wheat, gluten, eggs, peanuts, soy, tree nuts, fish, shellfish, sesame, preservatives, artificial colors or flavors

**Suggested Use:** As a dietary supplement, mix one (1) stick pack to 16oz of water and mix thoroughly before drinking. Take as often as needed to support hydration.

Store in a cool, dry place and away from direct light.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**KEEP OUT OF REACH OF CHILDREN.**

**Hydrate!**  
FAST-ACTING  
ELECTROLYTE DRINK MIX

**GLUTEN FREE • NON GMO • VEGAN**  
A Dietary Supplement  
20 - 0.25 oz. (7 g) Stick Packs Net Wt. 4.94 oz (140 g)

**ENDURANCE†** **ENERGY†** **RECOVERY†**

**SUGAR FREE**  
**WHITE PEACH**  
NATURALLY FLAVORED

## SUPPLEMENT FACTS

Serving Size 1 Stick Pack (7 g)  
Servings Per Container 20

	Amount Per Serving	% Daily Value
Vitamin C (as calcium ascorbate)	400 mg	444%
Vitamin B12 (as methylcobalamin)	50 mcg	2083%
Calcium (from calcium ascorbate)	50 mg	4%
Magnesium (from magnesium citrate)	100 mg	24%
Chloride (from sea salt)	900 mg	39%
Sodium (from sea salt)	600 mg	26%
Potassium (from potassium citrate)	300 mg	6%

**Other Ingredients:** Allulose, citric acid, natural flavor, stevia leaf extract (Reb M), silica.

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