

Contains No salt, dairy, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take one (1) lozenge daily, or as directed by a health care professional. Allow lozenge to dissolve in the mouth. Store in a cool, dry place and away from direct light.

KEEP OUT OF REACH OF CHILDREN.

Methyl B-12 Lozenges

Cherry Flavored
3,000 mcg
Dietary Supplement
100 Lozenges

SUPPLEMENT FACTS

Serving Size 1 Lozenge

| | Amount Per Serving | % Daily Value |
|--------------------------------------|-------------------------------------|------------------|
| Vitamin B-6 (as pyridoxine HCl) | 10 mg | 588% |
| Folate | 680 mcg DFE (400 mcg folic acid) | 170% |
| Vitamin B-12 (as methylcobalamin) | 3,000 mcg | 125,000% |
| Biotin | 300 mcg | 1,000% |

Other Ingredients: Fructose, sorbitol, cellulose gum, natural cherry flavor, vegetable stearin, carmine, luohan guo fruit extract, silica, mannitol and dextrose.

Methylcobalamin is the coenzyme form of Vitamin B-12 and is the form that exists in the body. Most other forms require some amount of conversion once they are consumed; methylcobalamin needs no conversion. It is the most active and effective form.

