

**Other Ingredients:** Organic inulin, organic pea starch, organic coating (organic tapioca maltodextrin, organic sunflower lecithin, organic palm oil, organic guar gum), organic medium chain triglycerides, silica

**Contains No:** Sugar, Salt, Dairy, Yeast, Wheat, Gluten, Eggs, Peanuts, Soy, Fish, Shellfish, Sesame, Preservatives, Artificial Colors or Flavors

**Suggested Use:** As a dietary supplement, adults take one (1) tablet daily, or as directed by a health care professional.

Store in a cool, dry place and away from direct light.

**KEEP OUT OF REACH OF CHILDREN.**

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CERTIFIED ORGANIC  
**Once Daily**  
**Men's Multivitamin**  
*Whole Food Nutrition*

**SUPPORTS ENERGY, PERFORMANCE  
& IMMUNE HEALTH†**

**GLUTEN FREE • NON GMO • VEGAN**

CERTIFIED ORGANIC BY QAI



Dietary  
Supplement



**30**  
Tablets

## SUPPLEMENT FACTS

Serving Size 1 Tablet

	Amount Per Serving	% DV		Amount Per Serving	% DV
Vitamin A <sup>^</sup>	1500 mcg	167%	Pantothenic Acid <sup>^</sup>	11 mg	220%
Vitamin C <sup>^</sup> (from Organic Acerola Extract)	90 mg	100%	Iron <sup>^</sup>	1.8 mg	10%
Vitamin D3 (from Organic Algae)	25 mcg	125%	Zinc <sup>^</sup>	5 mg	45%
Vitamin E <sup>^</sup>	20 mg	133%	Selenium <sup>^</sup>	89 mcg	162%
Vitamin K (as Phytonadione)	120 mcg	100%	Copper <sup>^</sup>	0.2 mg	22%
Thiamin <sup>^</sup>	2 mg	167%	Manganese <sup>^</sup>	1 mg	43%
Riboflavin <sup>^</sup>	2.4 mg	185%	Chromium <sup>^</sup>	130 mcg	371%
Niacin <sup>^</sup>	23 mg	144%	<b>Organic Whole Food Complex Blend</b>	500 mg	*
Vitamin B6 <sup>^</sup>	11.5 mg	676%	Organic sesbania leaf extract, organic guava fruit and leaf extract, organic amla extract, organic annatto seed and fruit extract, organic holy basil leaf extract, organic lemon fruit peel extract, organic moringa leaf extract		
Folate <sup>^</sup>	400 mcg DFE	100%			
Vitamin B12 (as Methylcobalamin)	7.2 mcg	208%			
Biotin <sup>^</sup>	300 mcg	1000%			

\* Daily Value not established

<sup>^</sup> From Organic Whole Food Complex Blend

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