

**Contains No** sugar, salt, dairy, yeast, wheat, corn, soy, preservatives, artificial colors or flavors.

**Suggested Use:** As a dietary supplement, adults take 1/4 teaspoon in eight (8) ounces of water or juice daily, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

**KEEP OUT OF REACH OF CHILDREN.**

BUFFERED  
**Vitamin C  
Crystals**

100% Calcium Ascorbate

Non-Acidic

*Dietary Supplement*  
8.8 Ounces (250 Grams)

**SUPPLEMENT FACTS**

Serving Size 1/4 Teaspoon  
Servings Per Container About 200

|                                     | Amount<br>Per Serving | % Daily<br>Value |
|-------------------------------------|-----------------------|------------------|
| Vitamin C<br>(as calcium ascorbate) | 1,000 mg              | 1,111%           |
| Calcium<br>(as calcium ascorbate)   | 110 mg                | 8%               |

**Calcium Ascorbate Crystals** are a non-acidic form of powdered Vitamin C and are gentler on the stomach and teeth than non-buffered Vitamin C.

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