

**Contains No:** Sugar, Salt, Dairy, Yeast, Wheat, Gluten, Eggs, Peanuts, Soy, Fish, Shellfish, Sesame, Preservatives, Artificial Colors or Flavors

**Suggested Use:** As a dietary supplement, adults take one (1) tablet daily, or as directed by a health care professional.

Store in a cool, dry place and away from direct light.

**KEEP OUT OF REACH OF CHILDREN.**

**WARNING:** Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose call a doctor or poison control center immediately.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CERTIFIED ORGANIC  
**Once Daily Prenatal  
Multivitamin**  
*Gentle Formula*

**WHOLE FOOD NUTRITION FOR MOM & BABY†  
SUPPORTS BRAIN & FETAL DEVELOPMENT†**

**GLUTEN FREE • NON GMO • VEGAN**

CERTIFIED ORGANIC BY QAI



Dietary  
Supplement



**30**  
Tablets

## SUPPLEMENT FACTS

Serving Size 1 Tablet

Amount Per Serving		% DV	Amount Per Serving		% DV
Vitamin A <sup>^</sup>	2250 mcg	173%	Iron <sup>^</sup>	18 mg	67%
Vitamin C <sup>^</sup>	120 mg	100%	(from Iron amino acid chelate)		
(from Organic Acerola Extract)			Iodine (from Organic Kelp)	145 mcg	50%
Vitamin D3 (from Organic Algae)	18.8 mcg	125%	Zinc <sup>^</sup>	7 mg	54%
Vitamin E <sup>^</sup>	30 mg	158%	Selenium <sup>^</sup>	134 mcg	191%
Vitamin K (as Phytonadione)	90 mcg	100%	Copper <sup>^</sup>	0.3 mg	23%
Thiamin <sup>^</sup>	3 mg	214%	Manganese <sup>^</sup>	1.5 mg	58%
Riboflavin <sup>^</sup>	3.6 mg	225%	Chromium <sup>^</sup>	197 mcg	438%
Niacin <sup>^</sup>	34 mg	189%	<b>Organic Whole Food Complex Blend</b>	750 mg	*
Vitamin B6 <sup>^</sup>	17 mg	850%	Organic sesbania leaf extract, organic guava fruit and leaf extract, organic amla extract, organic annato seed and fruit extract, organic holy basil leaf extract, organic lemon fruit peel extract, organic moringa leaf extract		
Folate <sup>^</sup>	600 mcg DFE	100%			
Vitamin B12 (as Methylcobalamin)	3 mcg	107%			
Biotin <sup>^</sup>	450 mcg	1286%			
Pantothenic Acid <sup>^</sup>	17 mg	243%			

\*Daily Value not established

<sup>^</sup> From Organic Whole Food Complex Blend

**Other Ingredients:** Organic inulin, organic coating (organic tapioca maltodextrin, organic sunflower lecithin, organic palm oil, organic guar gum), organic medium chain triglycerides, silica

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