

Contains No sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take one (1) softgel capsule, one (1) or two (2) times daily with meals, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

KEEP OUT OF REACH OF CHILDREN.

Flax Oil

1,000 mg

MADE WITH ORGANIC FLAX

HEXANE FREE

Dietary Supplement
90 Softgels

SUPPLEMENT FACTS

Serving Size 1 Softgel Capsule

	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	1 g	1%*
Organic Flax seed oil*** (<i>Linum usitatissimum</i>)	1,000 mg	**
Alpha linolenic acid (ALA)	550 mg	**
Cis-Linoleic acid (LA)	150 mg	**
Oleic acid	140 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established

Other Ingredients: Softgel (gelatin, glycerin, water) and carbob. ***Our Certified Organic Flax oil is a rich source of alpha linolenic acid, cis-linoleic acid and oleic acid. It is 100% cold expeller pressed.



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