

Contains No Corn, Dairy, Yeast, Wheat, Gluten, Eggs, Peanuts, Soy, Tree Nuts, Fish, Shellfish, Sesame, Preservatives, Artificial Colors or Flavors.

Suggested Use: As a dietary supplement, adults take four (4) tablets daily with meals, or as directed by a health care professional.

Store in a cool, dry place and away from direct light.

KEEP OUT OF REACH OF CHILDREN.

**Aquamin® is a registered trademark of Marigot Limited

Calcium & Magnesium Citrates

GLUTEN FREE • NON GMO • VEGETARIAN

Dietary Supplement
100 Tablets

SUPPLEMENT FACTS

Serving Size 4 Tablets
Servings Per Container 25

	Amount Per Serving	% Daily Value
Vitamin D (as cholecalciferol)	3 mcg (125 IU)	15%
Vitamin K (as phytonadione)	50 mcg	42%
Calcium (from citrate and Organic Icelandic Red Algae [Aquamin®]**)	750 mg	58%
Magnesium (as citrate, oxide)	500 mg	119%
Betaine hydrochloride	50 mg	*
Boron (from boron chelate)	3 mg	*

*Daily Value not established

Other Ingredients: Cellulose, dicalcium phosphate, stearic acid, magnesium stearate, silica.

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