

Contains No sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take one tablet, four (4) times daily with meals, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

**KEEP OUT OF REACH
OF CHILDREN.**

AMINO ACID
**Chelated
Magnesium**

Dietary Supplement
250 Tablets

SUPPLEMENT FACTS

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Magnesium (as amino acid chelate)	100 mg	24%

Other Ingredients: Cellulose, cellulose gum, vegetable stearin, silica, magnesium stearate, modified cellulose and food glaze.

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