

Other Ingredients: Cellulose, modified cellulose gum, vegetable stearin, silica, magnesium stearate, modified cellulose and food glaze.

Contains No sugar, salt, dairy, wheat, gluten, yeast, corn, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take four (4) tablets daily with meals, or as directed by a health care professional. Store in a cool, dry place, and away from direct light.

**from L-OptiZinc®, a patented form of zinc.

*** from ChromeMate®, a unique, patented niacin bound chromium.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose call a doctor or poison control center immediately.

KEEP OUT OF REACH OF CHILDREN.

Ultra Minerals

L-OptiZinc® CHROME MATE®

Dietary Supplement
100 Tablets

SUPPLEMENT FACTS

Serving Size 4 Tablets
Servings per Container 25

	Amount Per Serving	% Daily Value
Calcium (from citrate, carbonate, hydroxyapatite)	1,000 mg	77%
Vitamin D-3 (as cholecalciferol)	3 mcg (100 IU)	15%
Iron (from amino acid chelate)	5 mg	28%
Iodine (from Norwegian Kelp)	225 mcg	150%
Magnesium (from oxide, citrate)	500 mg	119%
Zinc (from zinc methionine)**	15 mg	136%
Selenium (from L-selenomethionine)	100 mcg	182%
Copper (from glycinate)	1 mg	111%
Manganese (from arginate)	5 mg	217%
Chromium (from polynicotinate)***	100 mcg	286%
Molybdenum (from amino acid chelate)	50 mcg	111%
Potassium (from citrate)	99 mg	2%
Horsetail herb extract (<i>Equisetum arvense</i>)	100 mg	*
Vanadium (as amino acid chelate)	25 mcg	*
Boron (as citrate, aspartate, glycinate)	1 mg	*
Betaine hydrochloride	160 mg	*
Trace mineral blend (from bentonite clay)	20 mg	*

*Daily Value not established

6271 T003

