Our Non-GMO lecithin granules are produced solely from soybeans that have not been genetically engineered.

Contains No sugar, salt, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

Suggested Use: Adults sprinkle one (1) teaspoon over your favorite food or blend into your favorite drink.

Store in a cool, dry place and away from direct light.

KEEP OUT OF REACH OF CHILDREN.

Non-GMO Lecithin Granules

Dietary Supplement
Net Wt. 16 oz. (454 grams)

SUPPLEMENT FACTS

Serving Size 1 Teaspoon (Approximately 2.5 grams)

	Amount Per Serving	% Daily Value
Calories	15	
Calories from Fat	10	
Total Fat	2 g	3%
Saturated Fat	0 g	0%
Cholesterol	0 g	0%
Sodium	0 mg	0%
Total Carbohydrate	0 g	0%
Dietary Fiber	0 g	0%
Sugars	< 0 g	
Protein	0 g	0%
Calcium < 1%	• Phosphorus 1%	
Not a significant source of Vitam	nin A, Vitamin E, Vitamin C	and Iron.
Phosphatidylcholine	600 mg	**
Phosphatidylinositol	500 mg	**
Phosphatidylethanolamine	350 mg	**

Ingredients: Non-GMO soy lecithin granules.

