

Contains No sugar, salt, dairy, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take one (1) vegetarian capsule immediately for each serving of a dairy-containing food (please refer to the chart on the side panel for equivalent servings of various dairy foods). Store in a cool, dry place and away from direct light.

KEEP OUT OF REACH OF CHILDREN.

Ultra Dairy Digest

**PROMOTES DIGESTION OF LACTOSE,
MILK PROTEINS & FATS †**

Dietary Supplement

60 Vegetarian Capsules

SUPPLEMENT FACTS

Serving Size 1 Vegetarian Capsule
Servings Per Container 60

	Amount Per Serving	% Daily Value
Proprietary Dairy enzyme blend	220 mg	*
Lactase	1,000 ALU	*
Proteases	630 BLGU/25,000 HUT	*
Lipase	250 FCC FIP	*

*Daily Value not established

Other Ingredients: Vegetable capsule (cellulose, water), cellulose, magnesium stearate and silica.

Lactose, proteins and fats are contributors to dairy food intolerances. **Ultra Dairy Digest** contains the important enzymes needed to completely break down all three categories of nutrients.

Ultra Dairy Digest helps the body digest: †

8 oz of whole milk

4 oz of ice cream

4 oz of cottage cheese

4 oz of cheese

8 oz of low-fat yogurt

2 TBSP of butter

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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