

Suggested Use: As a dietary supplement, adults add one (1) scoop to eight (8) ounces of water and mix, or as directed by a health care professional. Children under 18 years of age can use Magnesium Glycinate, but should check with their health care professional.

Store in a cool, dry place and away from direct light.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.

**Magnesium
Glycinate Powder
400 mg**

**SUPPORTS CALMNESS, MUSCLE RELAXATION
& CARDIOVASCULAR HEALTH†**

**Mixed Berry
Naturally Flavored**



Dietary Supplement
Net Wt. 8.47 oz. (240 g)

SUPPLEMENT FACTS

Serving Size 1 Scoop (4 g)
Servings Per Container 60

	Amount Per Serving	% Daily Value
Magnesium (from magnesium bisglycinate)	400 mg	95%

Other Ingredients: Citric acid, natural flavors, allulose‡, silica, stevia leaf extract (Reb M). ‡Adds a dietarily insignificant amount of sugar.

Contains No Sugar, Salt, Dairy, Yeast, Wheat, Gluten, Eggs, Peanuts, Soy, Tree Nuts, Fish Shellfish, Sesame, Preservatives, Artificial Colors, Artificial Flavors

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