

**Contains No** sugar, salt, dairy, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors.

**Suggested Use:** As a dietary supplement, adults take one (1) vegetarian capsule, three (3) times daily, or as directed by a health care professional.

Store in a cool, dry place and away from direct light.

**WARNING:** Consult your physician prior to using this product if you are pregnant or nursing, taking medications or have a medical condition. Discontinue use two weeks prior to surgery.

**NATURAL COLOR VARIATIONS MAY OCCUR IN THIS PRODUCT.**

**KEEP OUT OF REACH OF CHILDREN.**

EUROPEAN STANDARDIZED

# Milk Thistle

175 mg

**80% SILYMARIN, 140 MG PER CAPSULE**

**GLUTEN FREE • NON GMO • VEGAN**

*Dietary Supplement*  
120 Vegetarian Capsules

## SUPPLEMENT FACTS

Serving Size 1 Vegetarian Capsule

	Amount Per Serving	% Daily Value
Milk thistle seed extract ( <i>Silybum marianum</i> ) (Standardized to 80% Silymarin [140 mg])	175 mg	*
Turmeric root extract powder ( <i>Curcuma longa</i> ) (Standardized to 95% Curcumin [48 mg])	50 mg	*
Artichoke leaf extract powder ( <i>Cynara scolymus</i> ) (Standardized to 2% Cynarin [0.4 mg])	20 mg	*
*Daily Value not established		

**Other Ingredients:** Rice powder, vegetarian capsule (modified cellulose, water), magnesium stearate, silica.

Our Standardized Milk Thistle Extract is made under strict European quality standards which are comparable to Over-The-Counter drug standards in the U.S. It provides optimal levels of naturally occurring silymarin.

The extracts in this formula are the finest quality available. Turmeric and Artichoke extracts are combined with Milk Thistle extract to provide additional synergistic benefits.

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