

L-Leucine, L-Isoleucine, and L-Valine, which are more commonly known as Branched Chain Amino Acids or BCAAs, cannot be produced by the body and must be consumed through the diet or supplements. They are essential to building and maintaining muscle tissue and have long been used by athletes and other active individuals to activate protein synthesis and reduce muscle breakdown caused by intense training or physical activity.†

This water soluble formula of BCAAs, Glutamine and B Vitamins is instantized and mixes readily into water for maximum absorption.

**Storage:** Store in a cool, dry place away from direct light.

This product is sold by weight not volume

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.

# BCAA

## with Glutamine

**SUPPORTS LEAN MUSCLE MASS & POST WORK-OUT RECOVERY†**



Watermelon  
Flavor  
*Dietary Supplement*

**Net Wt.**  
**11.65 oz**  
**(330 grams)**

## SUPPLEMENT FACTS

Serving Size 1 Scoop (11 grams)

Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	1.5 g	1%*
Thiamin (as thiamin mononitrate)	1.5 mg	125%
Niacin	20 mg	125%
Pantothenic Acid (as d-calcium pantothenate)	10 mg	200%
Sodium	60 mg	3%
Potassium (from potassium chloride)	34 mg	1%
Branched Chain Amino Acids	5 g	**
Leucine	2.5 g	**
Isoleucine	1.25 g	**
Valine	1.25 g	**
Glutamine	3 g	**

\*Percent Daily Values are based on a 2,000 calorie diet

\*\*Daily Value not established

**Other Ingredients:** Inulin, natural flavors, citric acid, stevia extract powder (Reb A), beet root powder, xylitol, sea salt, silica, monk fruit extract.

**Contains No** Sugar, Dairy, Wheat, Gluten, Eggs, Peanuts, Soy, Tree Nuts, Fish, Shellfish, Sesame, Preservatives, Artificial Colors or Flavors

**Suggested Use:** As a dietary supplement, adults take one (1) serving thirty (30) to forty (40) minutes before physical activity and/or immediately afterwards. Add one serving size to eight (8) to twelve (12) ounces of water and stir or shake vigorously before consuming.

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