

**Contains No** dairy, yeast, wheat, gluten, soy, tree nuts, fish, shellfish, preservatives, artificial colors or flavors.

**Suggested Use:** As a dietary supplement, adults take three (3) tablets daily, or as directed by a health care professional.

Store in a cool, dry place and away from direct light.

Aquamin® is a registered trademark of MARIGOT LIMITED

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease

KEEP OUT OF REACH OF CHILDREN.

CERTIFIED ORGANIC WHOLE FOOD

# Plant Calcium

D3 • VITAMIN K2 as MK-7 • MAGNESIUM  
MINERALS WILD CRAFTED from ICELAND

**SUPPORTS BONE DENSITY & STRENGTH†**

GLUTEN FREE • NON GMO • VEGAN

CERTIFIED ORGANIC BY QAI



Dietary  
Supplement



180  
Tablets

## SUPPLEMENT FACTS

Serving Size 3 Tablets  
Servings Per Container 60

	Amount Per Serving	% Daily Value
Vitamin D3 (as cholecalciferol from organic algae)	25 mcg (1000 IU)	125%
Calcium (from Organic Icelandic Red Algae) (Aquamin®)	1000 mg	77%
Iron (from Organic Icelandic Red Algae) (Aquamin®)	2 mg	11%
Magnesium (from Organic Icelandic Red Algae) (Aquamin®)	70 mg	17%
Strontium (from Organic Icelandic Red Algae) (Aquamin®)	5 mg	*
Vitamin K2 (as menaquinone-7)	100 mcg	*
Boron (from Organic Icelandic Red Algae) (Aquamin®)	60 mcg	*
Vanadium (from Organic Icelandic Red Algae) (Aquamin®)	10 mcg	*

\*Daily Value not established

**Other Ingredients:** Organic agave inulin powder, organic tapioca dextrose, organic medium chain triglycerides, organic coating (organic tapioca maltodextrin, organic sunflower lecithin, organic palm oil, organic guar gum), silica, organic guar gum powder.

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