

Our Creatine Monohydrate Powder contains 100% pure Creatine Monohydrate. Each batch is tested by High Performance Liquid Chromatography (HPLC) or Capillary Electrophoresis (CE) to guarantee quality and purity.

Suggested Use: As a dietary supplement, adults take one (1) scoop in eight (8) oz. of water, four (4) times daily during the first five (5) days (loading phase). After loading phase, take one (1) or two (2) times daily, or as directed by a health care professional.

Store in a cool, dry place and away from direct light.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.

Creatine Monohydrate

SUPPORTS ENERGY, STRENGTH & EXERCISE PERFORMANCE†

GLUTEN FREE • NON GMO • VEGAN



Fruit Punch
Flavor

Net Wt.
10.72 oz (304 g)
Dietary Supplement

SUPPLEMENT FACTS

Serving Size 1 Scoop (7.6 g)

Servings Per Container About 40

	Amount Per Serving	% Daily Value
Creatine (from creatine monohydrate)	5 g	**

**Daily Value Not Established

Other Ingredients: Natural flavor, citric acid, organic beet root powder, stevia leaf extract (Reb M), silica.

Contains No Sugar, Salt, Dairy, Yeast, Wheat, Gluten, Eggs, Peanuts, Soy, Tree Nuts, Fish, Shellfish, Sesame, Preservatives, Artificial Colors or Flavors.

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