

Other Ingredients: Organic agave inulin powder, organic pea starch, organic tapioca dextrose, organic medium chain triglycerides, organic coating (organic tapioca maltodextrin, organic sunflower lecithin, organic palm oil, organic guar gum), silica.

Contains No dairy, wheat, gluten, eggs, peanuts, fish, shellfish, preservatives, artificial colors, artificial flavors

Suggested Use: As a dietary supplement, adults take two (2) tablets daily, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease

KEEP OUT OF REACH OF CHILDREN.

CERTIFIED ORGANIC WHOLE FOOD

Men's Multi

**SUPPORTS OPTIMAL HEALTH,
ENERGY & WELL BEING†**

GLUTEN FREE • NON GMO • VEGAN

Dietary
Supplement



60
Tablets



CERTIFIED ORGANIC BY QAI

SUPPLEMENT FACTS

Serving Size 2 Tablets
Servings Per Container 30

| | Amount Per Serving | % Daily Value | | Amount Per Serving | % Daily Value |
|---|--------------------|---------------|---|--------------------|---------------|
| Vitamin A (from Organic Whole Food Complex Blend) | 900 mcg (3,000 IU) | 100% | Pantothenic Acid (from Organic Whole Food Complex Blend) | 5 mg | 100% |
| Vitamin C (from Organic Whole Food Complex Blend & organic acerola extract) | 90 mg | 100% | Zinc (from Organic Whole Food Complex Blend) | 3.9 mg | 35% |
| Vitamin D3 (from Organic Whole Food Complex Blend & organic algae) | 25 mcg (1,000 IU) | 125% | Selenium (from Organic Whole Food Complex Blend) | 55 mcg | 100% |
| Vitamin E (from Organic Whole Food Complex Blend & as d-alpha tocopheryl succinate) | 15 mg | 100% | Manganese (from manganese chelate & Organic Whole Food Complex Blend) | 0.8 mg | 35% |
| Vitamin K (from Organic Whole Food Complex Blend) | 75 mcg | 63% | Chromium (from Organic Whole Food Complex Blend) | 35 mcg | 100% |
| Thiamine (from Organic Whole Food Complex Blend) | 1.38 mg | 115% | Organic Whole Food Complex Blend | 970 mg | * |
| Riboflavin (from Organic Whole Food Complex Blend) | 1.5 mg | 115% | Organic Am ja Extract, Organic Moringa Extract, Organic Holy Basil, Organic Tea Extract, Organic Sunflower Seed Kernel Extract, Organic Carrot Extract, Organic Spinach Extract, Organic Shiitake Extract, Organic Curry Leaf Extract, Organic Coconut Extract, Organic Parsley Extract, Organic Achiotte Extract, Organic Lichen, Organic Garlic Extract, Organic Marigold Extract | | |
| Niacin (as niacinamide & from Organic Whole Food Complex Blend) | 18.4 mg | 115% | Organic Men's Herbal Blend | 265 mg | * |
| Vitamin B6 (as pyridoxine hydrochloride & from Organic Whole Food Complex Blend) | 8.5 mg | 500% | Organic Maca Root Powder, Organic Pumpkin Seed Powder | | |
| Folate (from Organic Whole Food Complex Blend) | 400 mcg DFE | 100% | | | |
| Vitamin B12 (as methylcobalamin & from Organic Whole Food Complex Blend) | 7.2 mcg | 300% | | | |
| Biotin (as biotin & from Organic Whole Food Complex Blend) | 120 mcg | 400% | | | |

*Daily Value not established

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