

Contains No sugar, dairy, yeast, wheat, gluten, eggs, peanuts, soy, tree nuts, fish, shellfish, preservatives, artificial colors or flavors.

**Suggested Use:** As a dietary supplement, adults take one (1) vegetarian capsule before bedtime or, as directed by a health care professional. Do not exceed one (1) vegetarian capsule per twenty-four (24) hours.

Store in a cool, dry place and away from direct light.

**KEEP OUT OF REACH OF CHILDREN.**

# Melatonin 10 mg

**SUPPORTS SLEEP†**

**GLUTEN FREE • NON GMO • VEGAN**

*Dietary Supplement*

60 Delayed Release Vcaps

## SUPPLEMENT FACTS

Serving Size 1 Vegetarian Capsule

	Amount Per Serving	% Daily Value
Vitamin B-6 (as pyridoxine hydrochloride)	10 mg	588%
Melatonin	10 mg	*

\*Daily Value not established

**Other Ingredients:** Cellulose, vegetarian capsule (modified cellulose, gellan gum).

**WARNING:** USE ONLY AT BEDTIME. Not for use by children under 18 years. If pregnant or using a prescription drug, consult a health care professional. Do not take this product if you suffer from an autoimmune disease, depression, diabetes, endocrine disorder or thyroid condition. Do not use this product while operating a motorized vehicle or heavy machinery.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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