

**Other Ingredients:** Vegetarian capsule (modified cellulose, water), organic pea starch, stearic acid.

**Contains No** Dairy, Wheat, Gluten, Eggs, Peanuts, Soy, Tree Nuts, Fish, Shellfish, Sesame, Preservatives, Artificial Colors or Flavors.

**Suggested Use:** As a dietary supplement, adults take one (1) vegetarian capsule daily or as directed by a healthcare professional.

Store in a cool, dry place away from direct light

**KEEP OUT OF REACH OF CHILDREN.**

†Magnafolate®C is a registered trademark of Lianyungang Jinkang Pharmaceutical Technology CO., LTD.

††L-OptiZinc® brand of zinc mono-methionine L-OptiZinc® & logo are trademarks of Lonza or its affiliates.

§Lutemax® Free Lutein is a trademark of OmniActive Health Technologies Ltd.

COENZYMATED

# Once Daily Multi

**METHYLATED B-VITAMINS AND CHELATED MINERALS**

**- NO IRON -**

**GLUTEN FREE • NON GMO • VEGETARIAN**

*Dietary Supplement*  
60 Vegetarian Capsules

## SUPPLEMENT FACTS

Serving Size 1 Vegetarian Capsule

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin A (as retinyl palmitate, beta carotene)	1500 mcg	167%	Selenium (from L-selenomethionine)	55 mcg	100%
Vitamin C (as ascorbic acid)	90 mg	100%	Copper (from copper bisglycinate chelate)	1 mg	111%
Vitamin D (as cholecalciferol)	25 mcg	125%	Manganese (from manganese amino acid chelate)	2 mg	87%
Vitamin E (as d-alpha tocopheryl succinate)	20 mg	133%	Chromium (from chromium polynicotinate)	200 mcg	571%
Thiamin (as thiamin hydrochloride)	10 mg	833%	Molybdenum (from molybdenum amino acid chelate)	75 mcg	167%
Riboflavin (as riboflavin, riboflavin 5'-phosphate)	10 mg	769%	Alpha Lipoic Acid	50 mg	**
Niacin (as niacinamide)	20 mg	125%	Grape Seed Extract (Vitis vinifera seed)	50 mg	**
Vitamin B6 (as pyridoxal 5'-phosphate)	10 mg	588%	Quercetin	40 mg	**
Folate (as L-5 (400 mcg folic acid) methyltetrahydrofolate calcium)†	680 mcg DFE	170%	Marigold (Tagetes erecta) flower extract (standardized to 10% Lutein [0.6 mg])	6 mg	**
Vitamin B12 (as methylcobalamin)	250 mcg	10,417%	Boron (as boron chelate)	1 mg	**
Biotin	300 mcg	1000%	Zeaxanthin (from marigold [Tagetes erecta] flowers)§	1 mg	**
Pantothenic Acid (as d-calcium pantothenate)	10 mg	200%	Vitamin K2 (as menaquinone-7)	45 mcg	**
Iodine (from potassium iodide)	150 mcg	100%			
Zinc (from zinc methionine)††	11 mg	100%			

\*\* Daily Value not established

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