

Other Ingredients: Organic agave inulin, organic pea starch, organic tapioca dextrose, organic coating (organic tapioca maltodextrin, organic sunflower lecithin, organic palm oil, organic guar gum), silica

Contains No: Dairy, Yeast, Wheat, Gluten, Eggs, Peanuts, Soy, Tree Nuts, Fish, Shellfish, Sesame, Preservatives, Artificial Colors or Flavors

Suggested Use: As a dietary supplement, adults take two (2) tablets daily, or as directed by a health care professional.

Store in a cool, dry place and away from direct light.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose call a doctor or poison control center immediately.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CERTIFIED ORGANIC BY QAI



CERTIFIED ORGANIC
Women's Multi 40+
Whole Food Nutrition

**GREATER SUPPORT FOR ENERGY
PERFORMANCE & IMMUNE HEALTH†**

GLUTEN FREE • NON GMO • VEGAN

*Dietary
Supplement*

**120
Tablets**



SUPPLEMENT FACTS

Serving Size 2 Tablets
Servings Per Container 60

	Amount Per Serving	% DV	Amount Per Serving	% DV	
Vitamin A [†]	2400 mcg	267%	Pantothenic Acid [†]	18 mg	360%
Vitamin C [†]	100 mg	111%	Iron [†]	2 mg	11%
Vitamin D3 (as Cholecalciferol)	30 mcg	150%	Zinc [†]	8 mg	73%
Vitamin E [†]	32 mg	213%	Selenium [†]	143 mcg	260%
Vitamin K (as Phytoladione)	100 mcg	83%	Manganese [†]	1.6 mg	70%
Thiamin [†]	3.2 mg	267%	Chromium [†]	210 mcg	600%
Riboflavin [†]	3.9 mg	300%	Organic Whole Food Complex Blend	800 mg	
Niacin [†]	36 mg	225%	Organic sesbania leaf extract, organic guava fruit and leaf extract, organic amla extract, organic annatto seed and fruit extract, organic holy basil leaf extract, organic lemon fruit peel extract, organic moringa leaf extract		
Vitamin B6 [†]	18.7 mg	1100%	Organic Women's Herbal Blend	300 mg	
Folate [†]	1088 mcg DFE (640 mcg Folic Acid)	272%	Organic beet root powder, organic red clover seed powder, organic raspberry fruit extract		
Vitamin B12 (as Methylcobalamin)	24 mcg	1000%			
Biotin [†]	480 mcg	1600%			

[†]Daily Value not established

[†]From Organic Whole Food Complex Blend

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