

Contains No sugar, salt, dairy, yeast, wheat, gluten, corn, peanuts, preservatives, artificial colors or flavors.

**Suggested Use:** As a dietary supplement, adults take one (1) softgel capsule, one (1) to two (2) times daily with meals, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.

# CoEnzyme Q10 Softgel 200 mg

*Dietary Supplement*  
30 Softgels

## SUPPLEMENT FACTS

Serving Size: 1 Softgel Capsule

	Amount Per Serving	% Daily Value
Coenzyme Q 10	200 mg	*

\*Daily Value not established

**Other Ingredients:** Softgel (gelatin, glycerin, water and annatto), rice bran oil, yellow beeswax, Vitamin E, soy lecithin. Contains soy.

Co Q 10 is a biologically active quinone found in every cell of the body. It is a cofactor in the electron transport chain, the biological pathway in cellular respiration from which ATP\*\* and most of the body's energy are derived.†

\*\* Adenosine Triphosphate (ATP) is an energy-rich compound used for all energy-requiring processes within the cell.

Scientific studies show that Co Q 10 is three times more bioavailable when delivered in an oil-based softgel capsule.

Our Co Q10 is dissolved in vitamin E oil prior to encapsulation to increase the product's intestinal absorption.

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