

**OptiMSM®** is the most clinically studied and only pure distilled MSM available. MSM is a naturally-occurring compound that provides sulfur for many important physiological functions in the human body.†

Vitamin C and Manganese work synergistically to enhance the proven effects of Glucosamine, Chondroitin Sulfate and MSM. Glucosamine Sulfate is naturally derived from shellfish.

**Contains No** sugar, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

**Suggested Use:** As a dietary supplement, adults take three (3) tablets daily at mealtime, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

**KEEP OUT OF REACH OF CHILDREN.**

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

# Glucosamine Sulfate, Chondroitin & MSM

**OptMSM®**

Dietary Supplement  
90 Tablets

## SUPPLEMENT FACTS

Serving Size 3 Tablets  
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrates	2 g	1%*
Vitamin C (as ascorbic acid)	100 mg	111%
Manganese (from amino acid chelate)	5 mg	217%
Sodium	40 mg	2%
Potassium	265 mg	6%
Glucosamine Sulfate (from 2,000 mg of glucosamine sulfate potassium chloride)	1,500 mg	**
Chondroitin Sulfate Complex (standardized to 90% chondroitin sulfate)	750 mg	**
MSM (methylsulfonylmethane)‡	750 mg	**

\* Percent Daily values are based on a 2,000 calorie diet.

\*\* Daily Value not established

**Other Ingredients:** Cellulose, croscarmellose sodium, modified cellulose, stearic acid, dicalcium phosphate, silica and magnesium stearate. Contains soy and shellfish (shrimp, crab, lobster, crayfish).

We use only the highest quality Glucosamine and Chondroitin Sulfates.

‡OptiMSM® is a registered trademark of Balchem Corporation or its subsidiaries

