

Contains No salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

**Suggested Use:** As a dietary supplement, adults place one (1) lozenge under the tongue twenty (20) minutes before bedtime and allow it to dissolve. Or take as directed by a health care professional. Do not exceed one (1) lozenge per twenty-four (24) hours.

Store in a cool, dry place and away from direct light.

See warning statement on opposite panel.

**KEEP OUT OF REACH OF CHILDREN.**

# Melatonin

## 3 mg

**SUPPORTS SLEEP†**

*Dietary Supplement*

90 Quick Dissolving Lozenges

### SUPPLEMENT FACTS

Serving Size 1 Lozenge

	Amount Per Serving	% Daily Value
Melatonin	3 mg	*

\*Daily Value not established

**Other Ingredients:** Fructose, sorbitol, cellulose gum, natural cherry flavor, stearic acid, silica, mannitol, dextrose and natural color.

Suitable for vegetarians.

**WARNING: USE ONLY AT BEDTIME.** Not for use by children under 18 years. If pregnant or using a prescription drug, consult a health care professional. Do not take this product if you suffer from an autoimmune disease, depression, diabetes, endocrine disorder or thyroid condition. Do not use this product while operating a motorized vehicle or heavy machinery.

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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