

**Contains No** sugar, salt, dairy, yeast, wheat, gluten, soy, corn, preservatives, artificial colors or flavors.

**Suggested Use:** As a dietary supplement, adults take one (1) vegetarian capsule, one (1) to three (3) times daily, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**KEEP OUT OF REACH OF CHILDREN.**

# L-Theanine

## 100 mg

ALPHAWAVE®  
THE CALMING WAVE

**HELPS SUPPORT RELAXATION†**

**GLUTEN FREE • NON GMO • VEGAN**

*Dietary Supplement*

**60 Vegetarian Capsules**

### SUPPLEMENT FACTS

Serving Size 1 Vegetarian Capsule

	Amount	% Daily
L-Theanine***	Per Serving Value	100 mg *

\*Daily Value not established

**Other Ingredients:** Vegetarian capsule (cellulose, water), cellulose, magnesium stearate and silica.

\*\*\*AlphaWave® is a registered trademark of Ethical Naturals®

AlphaWave® is supported by direct clinical studies and shown to support relaxation and deep, restful sleep without causing drowsiness.†

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