

**Suggested Use:** Adults, chew up to four (4) chewable tablets daily. Products high in magnesium may cause a laxative effect. If this occurs, reduce the serving consumed or consume up to 4 chewable tablets throughout the day instead of all at once. May consume as directed by a health care professional.

Store in a cool, dry place and away from direct light.

Aquamin® is registered trademark of MARIGOT LIMITED

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**KEEP OUT OF REACH OF PETS AND CHILDREN.**

TRIPLE SOURCE  
**Magnesium  
Chewable**

**HELPS SUPPORT CALMNESS & RELAXATION†**

**GLUTEN FREE • NON GMO • VEGAN**



Natural Berry Lemonade Flavor  
*Dietary Supplement*

**120**  
Chewable  
Tablets

**SUPPLEMENT FACTS**

Serving Size 4 Chewable Tablets  
Servings Per Container 30

	Amount Per Serving	% Daily Value
Magnesium (from Pristine Irish Seawater (Aquamin®), magnesium citrate and magnesium chelate)	400 mg	95%

**Other Ingredients:** Tapioca powder, xylitol, inulin powder, vegetable stearin, natural flavors, citric acid, beet root powder, silica, monk fruit extract powder.

**Contains No** dairy, wheat, gluten, eggs, peanuts, soy, tree nuts, fish, shellfish, preservatives, artificial colors or flavors.

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