

Other Ingredients:Vegetarian capsule (cellulose, water), magnesium stearate, cellulose, silica.

Contains No sugar, dairy, wheat, gluten, eggs, peanuts, soy, tree nuts, fish, shellfish, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take one (1) vegetarian capsule daily or as directed by a healthcare professional.

Store in a cool, dry place away from direct light.

KEEP OUT OF REACH OF CHILDREN.

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COENZYMATED
B-Complex

**L-5 Methyltetrahydrofolate Methylcobalamin
Pyridoxal-5-phosphate**

GLUTEN FREE • NON GMO • VEGAN

Dietary Supplement
60 Vegetarian Capsules

SUPPLEMENT FACTS

Serving Size 1 Vegetarian Capsule

| | Amount Per Serving | % Daily Value |
|---|--|------------------|
| Thiamin (as thiamine hydrochloride and thiamine pyrophosphate chloride) | 50mg | 4,167% |
| Riboflavin (as riboflavin, riboflavin 5' phosphate) | 50mg | 3,846% |
| Niacin (from inositol hexanicotinate) | 25mg | 156% |
| Vitamin B6 (pyridoxal-5-phosphate) | 50mg | 2,941% |
| Folate (as L-5 Methyltetrahydrofolate Calcium) Magnafolate®C | 668 mcg DFE (393 mcg folic acid) | 167% |
| Vitamin B12 (as methylcobalamin) | 500mcg | 20,833% |
| Biotin | 200mcg | 667% |
| Pantothenic Acid (as d-calcium pantothenate) | 50mg | 1,000% |
| Choline (from choline bitartrate) | 55mg | 10% |
| PABA (Para Aminobenzoic Acid) | 50 mg | * |
| Inositol (from inositol hexanicotinate) | 6 mg | * |
| Alpha lipoic acid | 100 mcg | * |

* Daily Value not established

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